

Youth Programs



CALL US TODAY FOR A FREE, CONFIDENTIAL ASSESSMENT - 775-393-2201

Reno Behavioral Healthcare Hospital offers treatment for adolescents (ages 12-17) with mental health and/or substance use issues. Featuring Inpatient and Outpatient treatment, our program creates a structured environment that encourages rapid recovery and a return to the community for follow-up care as needed.

Inpatient Program: Adolescents are always hospitalized separately from adults. Our treatment team provides 24-hour monitoring, treatment and stabilization.

Outpatient - Partial Hospitalization Program: We are proud to offer the community's only partial hospitalization program. Patients participate in group therapy, as well as educational and family group sessions. Attendance is six hours a day, Monday - Friday, ranging from two to four weeks. The program includes an on-site teacher to ensure participants don't fall behind in their studies.

Common Issues Treated

- Anxiety/Panic
- Bipolar Disorder
- Depression
- Post-Traumatic Stress Disorder
- Psychosis
- Substance Use & Addiction: Drugs/Alcohol
- Suicidal/homicidal thoughts

Our treatment approach includes:

- Daily living skills
- Education
- Interpersonal skills
- Family relationships
- Solutions-Focused Therapy
- Trauma Informed Care



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